Two Types of Bullying

Face-to-Face Bullying

This type of bullying is often easy to recognize.

- The bullying is more obvious to the person being bullied and to others.
- The person being bullied and the person doing the bullying are both present.
- The person being bullied knows that it is happening and usually knows who is doing the bullying.

Behind-the-Back Bullying

This type of bullying can be difficult to recognize sometimes.

- The bullying is less obvious to the person being bullied and to others.
- The person being bullied might not be there when the bullying is happening.
- The person being bullied might not know that it is happening or who is doing the bullying.

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